

September 19, 2012. SHAC had 1<sup>st</sup> meeting of the 2012-13 school. DISD food services manager talked about current and future food service plans for students in school. Children in the lower grades are to have ½ vegetables and students in the higher grades 1 cup on daily food trays. USDA and Let's Move Program are in place regarding nutrition. Texas rules were already more involved than Federal regulations. Anything a student eats must have some nutritional value. Concerns include calories, sodium, whole grain (must be 95%), and fiber (3 grams). 72 % of our students are on free and reduced lunches. General topics were explored to determine interest of group. Pregnant teens and Worth the Wait were discussed. Keeping teens involved in after school activities was noted as very helpful to keep time planned for teens. Other activities other than sports are important. We also discussed poverty and Health and Human Services. Committee agreed that children needed to be involved in more activities outside of the school day. In order to determine if committee could help children who could not make it to after school program; this is challenging due to transportation and parent work hours.